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Pharmacist Ahmed Eid's protocol  
To get rid of parasites and worms  
**Using two substances: Kerosene + Ivermectin**

Accompanied by the protocol that reinforces it  
(for intensive cleansing of heavy metals from the body :  
Heavy metals pharmaceutical protocol )

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# "Your body has a right over you"

## Preface:

This protocol contains the essentials you need to know to eliminate the origin and root cause of most illnesses, which are intestinal parasites and worms. These illnesses can be somatic, psychological or even of unknown cause or diagnosis.

This protocol consists of two highly effective substances against parasites: kerosene and its twin, Ivermectin. Together, they eradicate parasites which, according to American scientist Hulda CLARK, are the main cause of all our illnesses, including cancer and AIDS, in addition to environmental pollution.

It's important to note that this protocol not only treats parasites and worms, but also infections of microbial origin in general, whether parasitic, viral, fungal or bacterial. In particular, spiral bacteria and others.

Before we start explaining the protocol and its doses, we need to briefly highlight disease pathogens and their origins according to the different schools of medicine. Very briefly, these pathogens come from :

- 1) **Microbial infections** that can come from: bacteria, fungi, parasites, worms, viruses, nanobacteria and others, according to Dr. Hulda Clark's theory.
- 2) **Toxins**, according to Dr. Max GERSON's theory, which can be produced by microbial infections or heavy metals such as aluminum, mercury, lead and others.
- 3) **Malnutrition**, according to clinical nutrition experts, as it leads to low immunity and vulnerability to infection. Malnutrition also causes micronutrient deficiencies (vitamins and minerals), leading to emaciation, general fatigue, exhaustion and illness.

→ These are the three main common causes known to most doctors, therapists and others. But there are other elementary, fundamental and deeper causes that are more related to the origin of the disease and its root and that no one has mentioned before. These are: **calcification** and **congestion**. We'll mention them here with illustrative examples, and they will complement the three causes mentioned above:

- 4) **Calcification**: defined as the deposition of calcium or other elements in the wrong place. Although calcium is the most common cause of calcification, other elements can also be the cause. For example, precipitation/deposition of salts produces ossification and hardening, which is basically a characteristic of calcium. Thus, the deposition of calcium, aluminum, heavy metals, salts, cholesterol, fats and many others are several aspects of calcification. And the disease will only disappear when this calcification disappears.

**5) Congestion:** which means an increase, a surplus, an abnormal accumulation or something that exists but shouldn't exist. For example: an increase in water, salts, cholesterol or fats is congestion. And the existence of heavy metals, components of insecticides and agricultural pesticides, plastics, industrial waste in food and then in the human body is also congestion.

Even constipation and adhesions in the intestines, blockages in the lymphatic system and even blood viscosity are all unhealthy pathogens that combine congestion and calcification.

In conclusion, congestion and calcification are the main causes of most diseases. Even microbial infections, heavy metal pollution and malnutrition are the results of congestion and calcification. I've mentioned them first for their importance, but also to mention the particular before the general.

### **Important definitions:**

- **Disease:** is the loss of all or part of an organ's function. In other words, it's an abnormal condition that affects the body of a living being, causing a decline and weakness in some or all of its bodily functions. This is accompanied by a general decline in energy.

- **Congestion:** this is an increase/surplus, as mentioned above. It is also accompanied by the loss of part or all of an organ's function, and a general drop in energy.

- **Inflammation:** is the body's reaction to a partial, total or temporary external aggression. It is also accompanied by the loss of part or all of an organ's function and a general drop in energy. Moreover, there is no disease without inflammation, either before or after. In fact, all chronic illnesses are preceded by chronic inflammation (long-term, low-intensity inflammation). In fact, acute illnesses, injuries and accidents are followed by inflammation. So, whether inflammation is a cause or a consequence, it is a congestion in itself.

So the link between disease, congestion and inflammation, as this definition makes clear, is weakness in the functions of an organ, accompanied by a general drop in energy.

### **The law of congestion and calcification :**

The disease begins with congestion and ends with calcification. Where there is congestion, there is calcification. Both are sides of the same coin, which is disease. Disease won't go away unless they go away.

This law can be written differently: *The origin of the disease is congestion and the branch of the disease is calcification, or the cause of the disease is congestion and the consequence of congestion is calcification.*

The basis of treatment is the removal of calcification and congestion.

So the notion of this law, which nobody pays attention to, is that it deals with the origin and consequences of disease. Indeed, if we apply this law, the course of treatment in modern medicine will change.

**Although congestion is the process and origin of the disease, I started by citing calcification before congestion for the following reasons:**

- 1) In some cases, congestion disappears while calcification persists. In this way, the symptoms of the diseases continue to exist and develop, as in Alzheimer's and progressive supranuclear palsy (psp). This is very common in neurodegenerative diseases.
- 2) In some cases, congestion and calcification are closely linked. As in cases of constipation, increased blood viscosity and others.
- 3) We found that :
  - **Milk** and its derivatives worsen many illnesses, mainly because of calcium calcification.
  - **Iodine:** is highly effective in many diseases and directly supports the thyroid and also the parathyroid gland, which is responsible for calcium regulation.
  - **Vitamin D and magnesium:** in addition to supporting the immune system, they are very useful in all illnesses and also support the parathyroid gland, which is responsible for calcium regulation. As mentioned above.

→ So, the deficiency in the body of these elements, leads to calcification.

For these reasons, and through all that we've mentioned above, it's all about calcification. That's why it was presented before congestion.

Now we're going to look at the different aspects of calcification and congestion, so that the picture becomes clearer:

→ Firstly : Some aspects of calcification :

- Calcium deposits in the brain and in nerve tissue damage these tissues. This is common in neurodegenerative diseases, whether calcium deposits or others, but also the deposition of beta-amyloid plaques in the case of Alzheimer's disease.
- Calcium and aluminum deposits on the pineal gland cause memory loss and learning difficulties. Moreover, deposits on the glands lead to a decline in their function, which in turn leads to general weakness in the body.
- Calcium deposits in veins and arteries play a role in high blood pressure and clot formation.
- Cholesterol deposits on the walls of the blood vessels cause blood circulation to narrow. This also plays a role in high blood pressure and the formation of blood clots.
- Fat deposits on the liver and visceral fat between organs lead to hepatic steatosis and

obesity, which are some of the causes of modern disease.

- Calcium deposits on the underside of the calcaneus (the heel bone) cause heel spurs.

- Calcium deposits on the eye cause :

- \* Band keratopathy (KB)

- \* Cataracts, an opacification of the eye's crystalline lens, leading to gradual, painless loss of sight. But it should be noted that calcium deposition is only one cause amongst many.

- Calcium deposits on the bladder lead to loss of elasticity. This causes repetition of the micturition process, then excessive pressure on the prostate, and finally congestion and hypertrophy of the prostate. This congestion is not due to microbial infection or heavy metals, but rather to calcification. As a result, the prostate will not heal unless this calcification is removed.

- If you stop brushing your teeth for a while, tiny pockets of calcium will build up on your teeth, causing erosion and pain in the teeth and gums. These will only disappear with recurrent brushing. Moreover, no lotion of any kind is effective in this case. You need to keep brushing your teeth until the pockets disappear.

- Washing hair or bathing in so-called hard water, which contains high concentrations of minerals and salts. This causes these minerals and salts, particularly calcium, to deposit on the scalp and hair, leading to hair loss and breakage. By wiping the scalp with a little vinegar or washing the head with water containing vinegar, the condition of the hair improves immediately, as the vinegar eliminates calcification.

### → Secondly : Among the aspects of congestion:

- Increased thyroid hormones, cortisol and insulin. Any increase above the normal limit leads to health problems.

- Increased uric acid leads to gout.

- Excess cholesterol, triglycerides, visceral fats and weight (obesity) lead to health problems known as metabolic disorders, such as the risk of heart disease, stroke and type 2 diabetes. These cases also include high blood pressure and hyperglycemia.

- Excess iron in the body leads to health problems and can be a sign of other problems such as rheumatoid arthritis, hyperthyroidism, leukemia, etc.

- Increased potassium levels in the blood (hyperkalemia) can be a sign of kidney problems. (For patients with heart disease, severe hyperkalemia (6.5 mmol/L) is a life-threatening medical emergency requiring urgent medical attention and management.)

- When an ultrasound is performed on the abdomen and the size of the liver or spleen is slightly increased, this indicates that the liver is suffering from a viral infection, notably hepatitis C, another infection or perhaps even cancer, especially if spots or scars are present.

- Excessive muscular hypertrophy : in heart patients, for example, cardiac muscular hypertrophy

indicates cardiac muscular insufficiency, medically known as congestive heart failure. This is a medical condition in which the heart is unable to pump enough blood to meet the body's needs.

- When an ultrasound scan is performed on the abdomen and one kidney is found to be larger than the other, this may indicate that the other kidney is failing. In effect, the healthy kidney increases in size to compensate for the work of the two kidneys together. Although, in this case, the increase in kidney size is considered a healthy condition, it still reveals a problem in the functions of the other kidney.
- If we move from a warm place to a cold one, if we stand directly in front of an air conditioner after taking a shower, or if we sleep without a blanket under a fan, or in front of an air conditioner, water-laden air will enter the body through the open pores. This phenomenon is called "a slap of cold" in the Egyptian dialect, and its symptoms include intense pain in muscles and bones (as if bones were broken). This pain moves from one place to another in the body.

In this case, the treatment is to remove the moisture from the body, using a blanket during the night while sleeping, or using a warm ointment such as Vicks or cayenne pepper ointment. However, painkillers and Voltaren ampoules are of no use until the moisture has left the body.

### **An aside on bodybuilding :**

We are not against sport, but I invite you to observe these facts:

Most players, but not all, take androgenic anabolic steroid supplements. This excessive intake constitutes congestion (an increase in something beyond its normal limit). At first, it's just congestion, but then it hypertrophies the muscles.

With muscular strength, we can ask ourselves:

\* What about the sudden death of some players? This is the result of cardiac arrest due to excessive swelling of the heart muscle.

\* What happens if the player suddenly stops training due to injury or other reasons? This muscle will turn to fat, because it's not normal to carry weights all your life.

\* Can a bodybuilder withstand the heat of the sun or run through desert sand like a twenty-year-old soldier?

The answer is no. Even with the presence of strength, the player lacks perseverance and patience. Their exaggerated and excessive measurements represent a state closer to illness than to health.

**The protocol's author believes that one of the most important causes of calcification is a poor diet, and that one of the most important causes of congestion is an unhealthy lifestyle.**

The above summarizes the most important forms of congestion and calcification.



So the five causes we've mentioned are: (**microbial infection, heavy metals, malnutrition, calcification and congestion**). All these causes together constitute the root of organic and psychological illnesses (with the exception of spiritual illnesses). We are inclined to consider that the primary cause of all types of illness, and all its degrees of severity, is microbial infection, which includes parasites and worms.

That's why we've prepared this special, carefully studied protocol to eliminate these micro-organisms, which are present in every human body. **The proposed duration of this protocol is three months. But those suffering from serious, auto-immune, hard-to-cure diseases need 6 months to eliminate all pathogens. It is therefore preferable for all patients, whatever the degree of their illness, to use this protocol for 6 months.**

Especially since kerosene and Ivermectin are the most tolerant and compatible therapeutic materials for the body.

**We will therefore build this protocol on the basis of this suggested time period, which is 6 months.**

Before entering into the details of this protocol, the patient needs to understand some important information that will benefit him, motivate him and teach him to manage his body's reactions correctly. Especially if they are experiencing cleansing symptoms, which are perfectly normal and necessary in most detox therapy protocols. We've summarized this information in just a few points, and we've taken care to use a simple vocabulary, far removed from the difficulty of medical language.

- Treating parasites, worms and other types of microbes and eradicating their roots **takes several months**, not a week or two as many people think, as many of these parasites have been endemic in the body for many years and have different characteristics. Moreover, they have their own ways of protecting themselves against their enemies. Either:
  - > They hide and embed themselves in the biofilm (1), emerging only when the conditions of the environment in which they live are favorable.
  - > Or they fortify themselves with heavy metals and use them as a protective shield against any danger.
  - > Or they hide in pockets of calcium, such as nanobacteria. Indeed, calcium is sometimes deposited incorrectly inside veins or arteries, or on tissues such as the heart muscle, kidneys, bladder, etc. This calcium forms little pockets in which microbes hide until the effect of the disinfectant begins to take effect. This calcium forms little pockets in which the microbes hide until the effect of the disinfectant begins to wear off, then reappear, bringing back the illnesses and their symptoms.
- The microbes living in biofilm are highly resistant to both medical and natural antimicrobials. Bacteria in biofilm are 10,000 times more resistant to antibiotics than bacteria living on their own.

*(1) - Biofilm is a microbial community in which cells of microbial organisms (bacteria, fungi, parasites, etc.) live together, surrounded by a gelatinous structure (solution) to protect them from hazards that may exist in the environment.*

- Microbial organisms close to the biofilm's surface are relatively **active**, while organisms far from the surface and close to or present in its center are **inactive and dormant** (or have little activity). To kill microbes, antimicrobials rely on their activity and multiplicity, then eliminate those present on the biofilm's thin outer layer. In this way, they reduce the inflammation resulting from infection, but fail to eliminate the microbes inside the biofilm. Once again, these microbes constitute a new source of microbial propagation on the biofilm surface, causing new inflammation. **This is one of the reasons why most biofilm infections are chronic.**
- Parasites and intestinal worms cause intoxication in the same way as heavy metals, but to a lesser degree and at a lower concentration. This intoxication is called the pre-symptomatic stage. During this stage, the patient experiences constant fatigue or unexplained nervousness. Sometimes they may suffer from irritable bowel syndrome or an allergy of unknown cause. However, if a laboratory test is carried out to determine the cause of these symptoms, this intoxication does not appear at all in the results. Heavy metal poisoning, on the other hand, does show up in the results of a medical analysis, especially if it has reached a certain level and concentration.
- Biofilm needs a hot substance to melt and disappear. Kerosene is a hot substance, and one of the most powerful therapeutic substances for eradicating parasites and their strongholds. But to do this, a certain dosage must be observed, over a certain period of time.

For all these reasons, a very powerful protocol is needed to eradicate these micro-organisms, their nests and their strongholds, as they are the source of disease, as explained above.

In this protocol, 3 forms of Ivermectin were used:

**> Two forms that are veterinary formulas :**

- a. The liquid form, which is (initially) intended for injection and has a concentration of 1%,
- b. The paste form, or gel, which has a concentration of 1.87% or 2%.

**> The third form:** tablets, which are intended for human use.

Details of these three types and their doses are given below.

It's important to remember that patients can choose between liquid and gel forms. However,

under no circumstances should they be taken together on the same day. They must use either the liquid or the gel. It is possible, however, to alternate between the two.

For example, he might use the liquid for a week, then the gel for a week. Take the liquid for 3 days and then the gel for 3 days, or take the liquid one day and the gel one day, and so on.

## Protocols

### Firstly, Ivermectin :

Dosages and directions for use :

#### A- Ivermectin in liquid form :

**Dosage:** For 50 kilograms of body weight = 1 mL of liquid Ivermectin.

*Example:* A person weighing 75 kilograms will take 1.5 mL of liquid Ivermectin. A person weighing 90 kilograms will take 1.9 mL. And a person weighing 90 kilograms will take 1.9 mL, and so on.

Take for 6 days a week, then rest on the seventh day.

#### B- Ivermectin gel dosage :

**Dosage:** in all cases, no more than 0.5 mL per day, and it's not weight-dependent like liquid Ivermectin.

It is taken 6 days a week, with a break on the seventh day.

#### C- Ivermectin tablets :

If you can't find Ivermectin in liquid or gel form, you can use it in tablet form. However, **Ivermectin liquid and gel are better than tablets, as they can be heavy on the liver.**

**Dosage:** It is calculated according to weight, as in the liquid version, using the following method:

**200 micrograms per 1 kilogram of body weight.** This means one **6mg** tablet per **30 kilograms** of patient weight. For *example*, someone weighing **55kg** will take **2 6mg** tablets, someone weighing **90kg** will take **3** tablets, and so on.

## How to use the three types?

Ivermectin (gel, liquid or tablets) is taken once a day on an empty stomach, in the morning. Then take the kerosene directly, at a dose determined by body weight (we'll mention this later). The reverse is also possible, i.e. you can take the kerosene before the Ivermectin and wait an hour before eating any food. And this for 6 days a week, with a break on the seventh day.

### How do I take the liquid?

Add it to a small quantity of water (according to the doses mentioned above), then drink it. You can then drink a glass of water.

### How do I take the gel?

Place the dose of gel (as prescribed above) in the mouth, then drink a glass of water.

### How do I take the tablets?

They are taken on an empty stomach in the morning (according to the doses mentioned above) only 3 days a week and not for the whole week. These 3 days must remain fixed.

*For example:* every Sunday, Tuesday and Thursday, or every Saturday, Monday and Wednesday. However, we continue to take kerosene even on days when we don't take the tablets.

In other words, kerosene is taken 6 days a week with one day off, rather than 3 days (like Ivermectin).

**Important note:** The maximum duration of use of Ivermectin tablets should not exceed 3 months.

If you wish to continue taking Ivermectin for 6 months, you **must use it in liquid or gel form**, 6 days a week, then one day off. If you can't find Ivermectin in either form (liquid or gel), you can replace it with Artemisia Annua at a frequency of 6 days a week, followed by a rest day.

Ivermectin liquid, gel and tablet dosage is now complete.

## Secondly, kerosene

Dosages and directions for use

Kerosene has two doses: an initiation dose and a therapeutic (routine) dose.

- **The initiation dose lasts 4 days, as follows:**

First day: 5 drops (i.e. 0.25mL).

Second day: 10 drops (i.e. 0.5 mL).

Third day: 15 drops (i.e. 0.75 mL).

Fourth day: 20 drops (i.e. 1 mL).

**Please note: the number of drops contained in 1 mL can vary enormously from one dropper to another. Remember to check how many drops you have for 1 mL of kerosene with your equipment.**

- **Therapeutic dose :**

It is administered 6 days a week, with a rest day on the 7th. This dose depends on the patient's weight, as do liquid Ivermectin and its tablets:

**For 20 kilograms of body weight = 1 mL of kerosene.** For example, suppose a person weighs **60 kilograms**, then his therapeutic dose of kerosene is **3 mL**. If another person weighs **70 kilograms**, their therapeutic dose is **3.5 mL**, and so on.

**Example of initiation and therapeutic dose for a 60 kg person:**

- First day: 5 drops (i.e. 0.25mL).
- Second day: 10 drops (i.e. 0.5 mL).
- Third day: 15 drops (i.e. 0.75 mL).
- Fourth day: 20 drops (i.e. 1 mL).

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- Fifth day: 2 mL
- Sixth day: 3mL
- **The seventh day: Rest**
- Day eight: 3 mL
- Ninth day: 3 mL

In this way, he stabilizes his therapeutic dose at 3mL, which is the appropriate dose for a 60kg body weight, and maintains it until the end of the therapy using this protocol.

The kerosene dose is taken directly after the Ivermectin dose, as mentioned above.

**IMPORTANT WARNING:**

**The general rule governing the dosage of kerosene depends on the body's ability to withstand it.**

If the dose is too high or more than the body can bear (especially for those suffering from spiritual illnesses, or those with a lot of toxins in their body), we stop taking kerosene to rest. Then start again, progressively, until you reach the dose that corresponds to your body weight. This is then maintained without increasing until the end of the therapy.

**For example,** suppose a patient weighs 80 kilograms and starts the protocol with the 5-drop initiation dose, but begins to feel strong detox symptoms. In this case, he should stop the protocol for a day or two, until these symptoms disappear. Then he starts again, taking a drop or two and gradually increasing it, while respecting his body's tolerance, until he reaches a dose of 4 mL, which is the dose adapted to his body weight.

**It should be noted that the proposed protocol duration is sufficient for the patient to reach the dose adapted to his weight.** Even if they have to follow a progressive dosage schedule, or increase their dosage by just a few drops each time because their body cannot tolerate the dosage suggested above.

**However,** it may happen that the duration of this protocol ends before the patient has reached the correct dosage for his or her weight. This is possible, but not serious if the body is unable to tolerate the full therapeutic dose. In any case, dosage tolerance varies from body to body.

### Important note for cancer patients:

Cancer patients do not follow this kerosene dosage. In fact, they start by taking it in drop form only, and increase the dose by two or three drops with each intake. And the increase doesn't have to be daily (we'll be mentioning all these details in the cancer protocol shortly, God willing).

## **Additions after the first month :**

Kerosene is taken on its own without additives for the first month of use.

### **A-Introduction of molasses**

In the second month, it is taken with cane molasses or cane honey (black honey, as the Egyptians call it). A tablespoon is taken with kerosene in the following way:

- You can either dissolve the cane molasses in a glass of water, then add the kerosene and drink the solution.

- Or you can drink the kerosene and then immediately follow it with a glass of water in which the molasses has been dissolved.

This cane molasses has two advantages that distinguish it from the ordinary sugar that some people take with kerosene:

- **The first advantage:** molasses reduces detox symptoms, unlike ordinary sugar, with which symptoms are strong and troublesome.
- **The second advantage:** the patient will feel unusually energized, especially on the third or fourth day, as if he or she had received a vitamin B injection.

### **B- Introduction of black cumin oil into the protocol:**

Black cumin oil is a medicinal plant that acts as an antiparasitic. Its seeds contain many biologically active elements and components, such as thymoquinone, which is considered an important arsenal of anti-helminthic phytochemicals. This is why we strongly recommend adding this oil to your protocol. Indeed, it has a synergistic combination, more effective than Ivermectin extract or black cumin oil used alone, according to a scientific study conducted at the Shaheed Benazir Bhutto University of Veterinary Sciences in Pakistan.

#### **Dosage:**

One teaspoon a day, except on a rest day. Maximum duration of use is three consecutive months.

### **How do I use black cumin oil?**

- Either add black cumin oil and liquid Ivermectin to a glass of water and drink the resulting solution.
- Or take the liquid Ivermectin on its own with a small amount of water, then drink a glass of water to which black cumin oil has been added. Similarly, for the gel, take it orally and then drink water containing a dose of black cumin oil.

## **Important questions and answers about the protocol :**

## 1. How do I manage toxin excretion during the protocol?

There are three things that need to be taken into account during this protocol in order to achieve a successful result later on, namely:

→ **The first thing:** Drink water.

Water is a liquid through which nutrients are transferred from the blood to the cell and vice versa. Waste products from the cell are transferred to the blood. Therefore, if the patient neglects to drink water during the protocol period, this will lead to an increase in blood viscosity. As a result, the transfer process will become sluggish, hindering the detox process and causing constipation. Drinking water is one of the most important things to consider when cleansing the body.

The general average amount of water suitable for each body is : *1 liter of water per 30 kilograms of body weight*. It is preferable to increase this amount for those who can, to speed up the process of eliminating toxins from the body and avoid blood viscosity, as mentioned above.

**The best water to drink during the protocol period is alkaline water, which is an integral part of the therapeutic protocol, as this water reduces over 50% of detox symptoms, so it must be included in the therapeutic protocol.**

This alkaline water is composed of : 1 liter of water + 2 lemons + half a teaspoon of sodium bicarbonate.

**Directions for use:** Wash the lemon and its peel well, as the peel is an essential part of this drink, being rich in nutrients, fiber, etc. Then blend all the ingredients in a blender, filter the resulting mixture to avoid its bitter taste, and drink it throughout the day. You can add sprigs of mint to the mix.

It is also possible to eat the sediment that remains after filtering the drink directly or after eating.

→ Drink 2 liters of this alkaline water per day for the duration of the protocol, without interruption.

Important notes on alkaline water :

- Immediately after meals, it's best to drink water to which any natural vinegar has been added, so that the gastric acid is not affected by the alkaline water, although this possibility is slight.
- For people with low blood pressure: add a quarter teaspoon of unrefined coarse salt (of any type) per liter, to alkaline water.



- Limes are better than lemons for making alkaline water.
- It's best to increase the number of lemons for those who can.

This is for alkaline water.

As another option, you can add zeolite to clear water and drink it throughout the day, as it is effective in eliminating toxins from the body. The amount is one teaspoon added to one liter of water.

→ **The second thing:** fasting.

Fasting puts the body and digestive system at rest. In this way, it heals itself through a natural mechanism. In fact, our bodies use most of their energy in the digestive process. This means that abstaining from food will help the digestive system to rest and recover. This is why fasting is one of the methods used to help eliminate toxins from the body.

→ **The third thing:** chlorophyll

This is done by eating green salads, leafy vegetables or a green drink. On the one hand, chlorophyll contains vitamins, minerals, antioxidants and therapeutic properties that are highly beneficial to the body. And on the other hand, chlorophyll contains substances that the liver uses in the detoxification process, whether to cleanse itself, the blood or the body.

These three things together must not be neglected by the patient in order to achieve the desired objective of this protocol.

## **2. What happens if constipation occurs during the protocol period?**

Constipation occurs very rarely with Ivermectin tablets, because this substance flushes the colon and cleanses it thoroughly. Consequently, constipation is relatively unlikely. However, Ivermectin's liquid and gel may cause constipation in some patients, which is one of the symptoms of detoxification by this method.

But if the patient takes black cumin oil with any type of Ivermectin, the risk of constipation is highly unlikely, as it is a natural laxative.

But since the causes of constipation are many and varied from person to person, the problem of constipation can be avoided by taking natural fibers, lactulose syrup, a spoonful of castor oil, Epsom salt and other natural laxatives.

### **3. How do we reach kerosene saturation?**

Once a certain dose has been reached, there is a stage (called the kerosene saturation stage) at which the patient's stool will smell like kerosene. This indicates that the colon has been completely purified and has become clean. This stage occurs after the patient has passed the intermediate stage of the protocol, not at its start.

As for the blood, there's no guarantee that it will also be purified like the colon at this stage. In this case, the patient has a choice of two things: either to fix this dose and continue it and not increase it, or to continue until he reaches the dose proportional to his body weight, which is what we recommend.

### **4. Who is this protocol for?**

It is suitable for all adults, including healthy people, as almost nobody is free of parasites and worms, but there are recommendations and warnings that must be considered for certain patients or cases in this protocol such as:

- This protocol is not suitable for pregnant or breast-feeding women.
- Patients with liver or kidney problems are forbidden to use this protocol, except under medical supervision.
- For a person with recurrent urinary tract infections, it's best to do a urinalysis to find out which type of salts are unsuitable for them, and then take the appropriate treatment, as the presence of salts promotes the recurrence of infections.
- People with diabetes and high blood pressure should check their blood sugar and blood pressure regularly, as kerosene and black cumin oil reduce their blood levels.

### **You should know that :**

The most common sign of low blood sugar is the appearance of dizziness, tremors or vertigo. If this is the case, the patient will need to test his blood sugar level, and if it is low, he will need to adjust the dose of his medication with his doctor.

As far as blood pressure is concerned, the most common signs of low blood pressure are: a constant headache that doesn't go away with the usual painkillers, or pain in the lower part of the head, or at the back of the head. Blood pressure should be measured, and if it is low, the doctor should be consulted to adjust the treatment dose.

This decrease often occurs two or three weeks after the start of the protocol, and perhaps more or less. The patient suffering from hypertension and diabetes must be attentive to this point and not neglect it.

## **5. What detox symptoms can patients experience during the protocol?**

Cleansing symptoms, or the so-called Herxheimer reaction, is the body's natural response to the elimination of toxins. They are a sign of the destruction of pathogens such as parasites, worms, etc.... and the dismantling of accumulated toxins. They also often indicate that treatment is too aggressive against pathogens: the more detox symptoms there are, the more the patient is suffering from an excessive amount of pathogens and toxins in the body.

The most important symptoms expected from the cleanse/detox are:

headaches, dizziness, numbness, diarrhea, vomiting, profuse sweating, excessive sleeping, skin rashes, chest tightness, general fatigue, runny nose and fever, mood changes such as depression and nervousness, heavy mucus production, colic and intestinal disorders, bloating, gas in the abdomen, constipation, itching and pinching in the anus or other parts of the body, pimples on the skin, change in stool or urine color, urine mixed with blood, foam and mucus coming out of urine, disturbing dreams and nightmares, frequent urination and bruising of the skin, etc.

With this in mind, there's no need to worry when these symptoms appear during cleansing protocols, because these symptoms, as mentioned above, indicate that the body is eliminating toxins.

## **6. After completing the protocol and cleansing the body, how do you purify and protect yourself again from the return of parasites? In other words, is there a maintenance and prevention protocol after disinfection?**

Yes, there is a precautionary measure to prevent the return of parasites, which is to drink 2 mL of kerosene on an empty stomach every week + 1 mL of liquid Ivermectin or 0.5 mL of gel (but not both together). This dose is enough to protect the body against these health-destroying organisms.

Kerosene and Ivermectin can be taken together at the same time, or on two different days.

## **7. Is it possible for this protocol to be repeated more than once a year?**

This protocol is only carried out once a year, and no more if there are no symptoms (symptoms of infection by parasites).

However, if the symptoms reappear for any reason, the patient has the right to do it again, but under certain conditions, which are:

1. The protocol itself is not repeated directly, but necessarily begins with a heavy metal detox protocol, which we'll cover directly after this one. It lasts 3 months.
2. Once the heavy metal detox protocol has been completed, the worm and parasite protocol can be repeated, but only 6 months after the end of the previous deworming protocol.

To clarify this idea, let's take the example of a person who started the anti-parasite protocol on **January 1, 2023** and completed it on **June 30, 2023**. This means he has completed 6 full months. But, after 2 months, symptoms of parasitic infection reappeared in him again. Here, he has to start a new protocol, which cleanses the body of heavy metals for **3 consecutive months**.

After completing this new protocol, he counts **6 months from the end of the first antiparasitic protocol**, and starts it again, i.e. exactly on **January 1<sup>er</sup> 2024**.

**→→→ In other words, between the end of the first protocol and the start of the second, there are 6 months, during which the heavy metals protocol is followed as mentioned above.**

## **8. It can be difficult for many people to obtain Ivermectin in all its forms. Is there an alternative?**

Yes, anyone who can't get hold of one of the three forms of Ivermectin can replace it with Artemisia Annua, in parallel with kerosene. Artemisia Annua contains the compound (Santoin), which is a powerful stomach disinfectant used in many medical industries. It treats most digestive system problems, the most important of which is the expulsion of intestinal worms.

***How to use<sup>1</sup>*** : Put one teaspoon of herbs per mug of boiling water for 10 to 15 minutes, or soak in boiling or lukewarm water overnight.

Drink daily (with a day off, i.e. 6d/7), or every other day. In both cases, we recommend drinking Artemisia Annua in the morning on an empty stomach with kerosene.

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<sup>1</sup> Ed. : see this website for more details on dosage : <https://maison-artemisia.org/en/home/>

We strongly recommend buying Artemisia Annua from a reliable or organic source (sold by apothecaries). In fact, anyone can pick it themselves in the valleys, then dry and use it.

As for those who don't like drinking it because it tastes bitter, they can buy it as a supplement: either in capsule or liquid form, and it's available on sites like iherb, Amazon and others.

## 9. Which is better, gel or liquid?

Both are good and proven, and some believe that gel is better than liquid in terms of efficacy and effect, but the opposite may be true, depending on how the body reacts to the substance.

*But the liquid type is better than the gel in two other respects:*

- **Firstly**, it's more economical than gel, as one bottle of liquid lasts about a month, whereas gel lasts a few days (7 days max), and it's also less expensive than gel.
- **Secondly**, the calculation of the liquid dose is more precise.

## 10. What is the best type of Ivermectin gel?

The best type is for horses, because horses are sensitive to toxins, as Danny Lemoi said. So we prescribe them a gel that meets high, precise standards and is free of all toxins.

## 11. Is this protocol really effective?

This protocol is very effective in eliminating parasites and worms at a very high rate of up to 90%. But there may be a very small number of people who benefit from this protocol, but their parasites, worms and infections reappear after several months;

This has a scientific explanation. In fact, the problem lies not with the treatment itself (kerosene and Ivermectin), but rather with the serious intoxication by heavy metals such as mercury, lead, aluminium, etc. This requires another treatment to eliminate these heavy metals. This requires further treatment to eliminate these heavy metals.

**Someone might ask :** why couldn't the kerosene have completely removed the heavy metals from the few people for whom the worms and intestinal infections were there again?

**The answer is:** Kerosene is considered a substance that kills parasites and worms in the first place, and at the same time, it's a substance that eliminates toxins and heavy metals, but to a lesser extent.

There is no substance that works 100% to eliminate parasites while removing heavy metals. For example, methylene blue is an excellent disinfectant, but it is far more effective at removing toxins and heavy metals than at disinfecting.

Thus, most natural therapeutic substances can combine several therapeutic properties at once, but each has a strong aspect in which it stands out from the others.

Kerosene removes heavy metals from the body in two ways:

- 1. The first:** being an organic solvent, it acts by breaking bonds or dissolving fat cells. Certain heavy metals are stored in the body in fat cells, so kerosene dissolves these cells and removes the heavy metals.
- 2. Secondly:** it's a compound of a carbon and hydrogen chain and contains a lot of methyl group with the chemical formula  $\text{CH}_3$ , which is a methyl donor.  
This methyl group removes and rids the body of toxins and heavy metals through what is known as the methylation process\*. This process is one of the body's most important and delicate life processes.

This is the mechanism by which kerosene removes toxic metals from the body. But some organisms may have a high concentration of heavy metals, requiring a targeted and intensive cleansing process (which supports the parasite and worm elimination process), lasting 3 months and consisting of 3 powerful therapeutic substances, which are:

Organic sulfur MSM

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Methylene Blue

-

Boron (borax) and we will detail its dosage and method of use in a separate protocol.

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**\*Methylation** or (the methylation process) is one of the most important biological processes, as it is necessary for the elimination of toxins, the activation of glutathione and all the body's vital processes (in particular the physiological processes of hormones secreted by glands, since the work of enzymes is highly dependent on methylation).

Methylation also leads to the inactivation of the X chromosome, deactivating elements likely to be inherited and limiting aging and cancer.

If the body is saturated with methylation and possesses genes responsible for hereditary diseases or congenital malformations, then this methylation deactivates these unwanted genes and transforms them

into inactive genes. This process, as mentioned above, is one of the body's most important and delicate biological processes.

Consequently, without this process :

1. Toxins cannot be eliminated
2. Energy cannot be produced (especially the Krebs cycle)
3. Enzymes will not work inside the body (i.e. many vital processes will stop inside the body).

## **Heavy metals-toxins protocol**

Before we start explaining the Heavy Metal Body Cleansing Protocol, let's note that it's a stand-alone protocol, completely independent of and unaffiliated with the Parasite and Worm Protocol, but it can absolutely be started before the Parasite and Worm Protocol, which is better. But we've added it to the parasite protocol in anticipation of the symptoms and infections that may occur in very few cases, and which are due to high levels of toxicity and heavy metals in the body.

### **- What are the components of this protocol?**

*There are three highly effective therapeutic products:*

- Organic sulfur MSM
- Methylene blue
- Boron (borax) Borax

### **1. Methylene blue, organic sulfur and borax. Why these specific products?**

Because all these materials act to eliminate heavy metals from the body in general, which is our goal. But each has an added benefit:

#### **Interest of methylene blue**

It increases cellular energy, cleanses the energy house from within (mitochondria) and also removes sediment or heavy metals from brain cells.

#### **The benefits of organic sulfur**

It restores the cell membrane from a stiff, hardened state (aging) to a permeable, flexible state (youth). In this process, on the one hand, organic sulfur enables nutrients to move easily from the blood into the cell, and, on the other, it enables waste products from digestion and vital processes to move easily from the cell into the blood. What's more, this organic sulfur also facilitates cell-to-cell communication, making for a better response.

## **Borax benefits**

It eliminates all calcium deposits or pockets, whether on living tissue or inside veins and arteries.

## **Instructions for use:**

### **Methylene blue :**

How to use it? It should be taken on an empty stomach, gradually in drop form. Start with one drop in a glass of water, then increase daily to 7 drops. This dosage is then continued for the duration of the protocol, without increasing it, but with one day's rest per week. Graduation is both necessary and important when using this product.

For a patient suffering from hypertension: start with half a drop for three consecutive days, then one drop on the fourth day, then two drops every day and no more. Blood pressure must be measured daily. If there is any imbalance in blood pressure on the first day, whether an increase or decrease, then he must stop taking blue methylene altogether. Instead, he should take only organic sulfur and borax. Both are excellent substitutes for methylene blue.

### **1. If a headache occurs after taking methylene blue, which is considered one of the most striking symptoms of methylene blue, what is the appropriate procedure in this case?**

He must measure his blood pressure. If he notices an imbalance in his blood pressure at a certain number of drops he has reached, he must temporarily stop taking the methylene blue until his pressure is balanced, then he starts taking it again, but he must start from scratch: that is, from one drop and gradually increase it, as we mentioned. If a new imbalance in voltage occurs for the second time, he will stop taking it altogether and settle for organic sulfur and borax.

### **2. How do you calculate half a drop of methylene blue?**

He adds a drop to a cup of water, mixes well, then drinks only half the cup.

**Note:** Drinking methylene blue will cause a blue discoloration of the tongue. However, this color will disappear rapidly after a while and without any external intervention, and the color of the urine will become light blue or sky-blue.



## **Organic sulfur :**

**How to use:** First, add a teaspoon to a cup of water and drink it after dinner, for one week. Then a tablespoon from the second week until the end of the protocol, with the exception of one rest day per week. Note that taking it on an empty stomach may cause headaches or a slight increase in blood pressure.

**Note:** Take a 200 mcg selenium supplement with organic sulfur, or some Brazil nuts (rich in this mineral), as selenium helps increase glutathione in the liver.

## **Borax :**

### **How do I use it? There are two methods:**

#### **1. Internally**

- Add a quarter teaspoon to a quarter cup of boiling water, until it dissolves well, then add normal water and take it after lunch.
- A quarter teaspoon of borax is packaged in capsules for those who don't like the taste, and taken after breakfast.

**Important note:** If the dose is intolerable for the patient, it can be divided into two doses, the first after lunch and the second after dinner. If even this dose is intolerable, the patient should divide it by 2 (take half a quarter teaspoon). Essentially, he needs to find the dose his body can tolerate, as the symptoms of borax detox can sometimes be very strong on certain organisms.

#### **2. Additional procedure: foot bath :**

Footbathing is a very important additional procedure and a powerful aid to the elimination of toxins and heavy metals. It should be done once every two weeks.

**Bath ingredients:** Bring a large bowl of hot water and dissolve the following ingredients in it:

- 4 tablespoons coarse salt (whether rock salt, Himalayan salt or any other type of salt, the important thing is that it's coarse (unrefined)).
- 4 tablespoons magnesium sulfate, also known as Epsom salt (sold in pharmacies).
- 4 tablespoons sodium bicarbonate, or baking soda.
- 4 tablespoons vinegar (any type).
- 2 tablespoons of ground ginger are placed in a saucepan of water, boiled for 5 minutes over low heat, then added.

→ Add this boiling water to the previous mixture.

**The above ingredients are sufficient to make the bath, but you can add other ingredients, such as :**

- A spoonful of mustard oil.
- 5 mL turpentine.

How to make the bath: Soak your feet in this hot bath with a large part of your legs, as long as the water is just hot enough to tolerate it. The warmer the water, the better the results. Massage feet and legs from time to time for 30 minutes.

The above mixture can be used in the bathtub while seated, and the water level should be in the middle of the chest. Please note that the bathroom window must be open during the entire period of sitting in the bath, because of the heavy perspiration that occurs during this bath, and the need to ventilate to avoid any respiratory discomfort.

In addition, the immersion period in the bathtub should be half an hour, preferably extended to 45 minutes. If you get out of the tub before the half-hour is up due to perspiration, you can take a break, then come back in to complete the period.

### **3. Is it possible to combine the two protocols at the same time?**

Yes, it is possible to combine the first and second protocols, but there is one detail that must be taken into account in this regard:

**→ First :**

**If you want to follow the protocol for a period of 3 months :**

For methylene blue, Ivermectin and kerosene:

Methylene blue is taken first thing in the morning on an empty stomach, and after half an hour, Ivermectin and kerosene are taken with black cumin oil, each separately, but sequentially, according to the doses and warnings mentioned above. After an hour, you can eat.

**Don't forget to plan a rest day on which you don't use any of these substances.**

For borax :

The equivalent of a quarter teaspoon is taken in capsules or dissolved in water after lunch. In case of fatigue or stomach pains, the dose can be reduced to a level the body can tolerate. Alternatively, the dose can be taken in two parts: once after lunch and once after dinner. Take throughout the week, except on a day of rest.

For organic sulfur :

- One teaspoon in a cup of water after dinner for one week, then one tablespoon from the second week until the end of the protocol, with the exception of one rest day per week.
- A salt bath once every two weeks.
- Drink 2 liters of alkaline water a day for three months.

**→ Secondly :**

**If you want to follow the protocol for 6 months :**

For methylene blue, Ivermectin and kerosene:

First, methylene blue is taken in the morning on an empty stomach, and after half an hour, Ivermectin and kerosene with black cumin oil are taken, each separately, but sequentially, according to the doses and warnings mentioned above.

Then, after an hour, you can eat. But black cumin oil is excluded from these four substances, and should only be taken from the fourth month onwards, and only twice a week.

**Don't forget to leave a day's rest from all these substances.**

- Borax :

Take the equivalent of a quarter teaspoon after breakfast for 3 months, with one day off a week. Then take the equivalent of an eighth of a teaspoon only twice a week, for example on Mondays and Thursdays, or Saturdays and Tuesdays.

- Organic sulfur :

Take one teaspoon in a cup of water after dinner for one week, then one tablespoon from the second week onwards for three months, taking one day off a week.

From the fourth month onwards, take a teaspoonful after dinner every other day, i.e. three times a week.

\* A salt bath once every two weeks for the first 3 months, then once a month until the end of the sixth month.

\* Take 2 liters of alkaline water for 6 months.

#### **4. Are there any substances to be avoided when using the substances mentioned in the protocol?**

\* MMS1 and MMS2, iodine and hydrogen peroxide (taken orally) must not be taken with Ivermectin.

\* Methylene blue should not be taken with psychiatric drugs.

## **In conclusion: hidden congestion**

At the end of this protocol, we have to stop and deal with what we call hidden congestion.

### **What is it?**

Hidden congestion is an increase in static electricity in the human body. Static electricity is potential energy. Indeed, with every pathological or inflammatory condition, there is a change in the electrical energy of the affected organ, starting with skin wounds, fractures and mild to moderate migraines and cluster headaches, through rheumatism and chronic diseases, to epilepsy and neurological diseases.

These excess loads act to increase inflammation and pain, and when they are removed, significant improvement occurs, the rate of healing accelerates and the body begins to recover. This is done in conjunction with other treatments.

Everybody has a certain amount of electrical energy, and when this energy (electrical charge) increases, problems arise. As we've already said: **any increase above the normal limit is congestion.**

The simplest consequences of excessive electrical charges (hidden congestion) are: stress, anxiety and lack of sleep.

### **These charges can be eliminated by:**

1. Grounding, i.e. direct contact with nature, soil, grass, etc.
2. Bathing with water containing coarse salt.
3. A belt or bandage made from animal hair, especially camel hair.

The majority of illnesses (especially rheumatism, immune disorders, injuries and headaches of all kinds) improve after using a camel-hair bandage or wrap, and the recovery rate accelerates alongside other treatments.

The reason behind this is the reduction in excess electrical charges, i.e. the elimination of congestion. Incidentally, over 50% of migraine headaches are caused by dental fillings, the introduction of a metal or compound into the body, whose electrical energy is different from that of the body, resulting in an imbalance.

Note that this is not the only reason, but it is one of the most important. For example, when, for medical reasons, we need to insert chips or screws into the human body, we use gold; not only because it's an inert, rust-free metal; but also because its energy is compatible with human energy.

Human-friendly metals include gold, copper and silver.

What's more, cotton, linen and wool (fur or animal hair) garments are more comfortable for the body than others.

Olive oil, jujube or buckthorn also eliminate excess electrical charges, and these substances also have a spiritual dimension.

*"We were created from clay"* (Verse from the Holy Quran). Clay is compatible with the nature of the human body. Consuming water, food and drink in clay pots is healthier than in other containers. Pottery eliminates excess electrical charges, making water and food more compatible with the body's energy.

**It was also found that :**

1. Methylene blue (electron carrier) is useful in a wide range of conditions, from headaches to neurological diseases.
2. Sodium bicarbonate is very useful for allergies. Mixed with a little coarse salt, it is useful for headaches and immune diseases such as rheumatism and others.

The question here: do these two materials play a role in eliminating excess electrical charges?  
A question that needs research !

**Made by the goodness of God ﷻ**